

MEGA swim 26: Session: 2: COACH evaluation sheet for TEAM: ZCT

Coachinfo: Warming up from: 13:30 untill 14:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van Vlasselaer Eva

Coaches: Wauters Tine HEADCOACH

Coaches: Callebaut Joris

Coaches: Lelong Christel

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:10, starttime: 15:40
Heat: 10/13 Lane : 1 Athlete: DECALUWé HELENA			Q-time: 01:17:66
PB (50m pool): 01:17.66 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:11.93 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:17.66	
	no time		
			

Coach feedback:

Event number: 11: 100M BUTTERFLY WOMEN 11-16			Heat:11, starttime: 15:45
Heat: 11/13 Lane : 4 Athlete: THIJS MAAIKE			Q-time: 01:14:31
PB (50m pool): 01:13.56 Antwerpen 21/07/2024 PB (25m pool): 01:11.49 SB: no time			
	5 0 M	1 0 0 M	
PB	no time	01:13.56	
	no time		
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:16, starttime: 16:55
Heat: 16/20 Lane : 1 Athlete: UYTTERHOEVEN FLO			Q-time: 01:06:92
PB (50m pool): 01:06.92 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:05.27 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.65	01:06.92	
	00:31.65	00:35.27	
			

Coach feedback:

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Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:17, starttime: 16:55
Heat: 17/20 Lane : 1 Athlete: BOHMER JANNE			Q-time: 01:05:40
PB (50m pool): 01:05.40 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 01:03.80 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.70	01:05.40	
	00:31.70	00:33.70	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:17, starttime: 16:55
Heat: 17/20 Lane : 2 Athlete: VERELST LAURA			Q-time: 01:05:30
PB (50m pool): 01:05.30 Antwerp 09/02/2025 PB (25m pool): 01:01.36 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.58	01:05.30	
	00:31.58	00:33.72	
			

Coach feedback:

Event number: 13: 100M FREESTYLE WOMEN 11-16			Heat:18, starttime: 16:55
Heat: 18/20 Lane : 9 Athlete: THIJS MAAIKE			Q-time: 01:04:68
PB (50m pool): 01:04.68 Antwerp 09/02/2025 PB (25m pool): 01:02.90 SB: no time			
	5 0 M	1 0 0 M	
PB	00:31.49	01:04.68	
	00:31.49	00:33.19	
			

Coach feedback: